

## 2024

ANNUAL GENERAL MEETING AND EDUCATION SESSION

Virtual Webex Presentation: March 20, 2024 1:00pm - 3:30pm

Keynote Speaker: Deri Latimer



## **POSITIVITY**

SASWH is pleased to share with our membership an overview of our programs and services, our successes and challenges, and other highlights from 2023. After the AGM segment, members will be granted the opportunity to listen and learn from Deri Latimer as she speaks on the power of positivity. The team at SASWH is confident that attendees will be inspired by this keynote during Deri's engaging presentation.

It is hoped that through your participation in this virtual AGM and education session we can all reflect on the strength of our partnerships and be pleased with our ability to collaborate during challenging times. As we come together virtually, let's continue to lift one another up with a positive mindset to always embrace the future with safety top of mind.

Deri Latimer is an expert in positive possibilities for people! A TEDx Speaker, author, and organizational consultant, Deri combines a business degree with over 20 years of experience engaging audiences across every sector.

Turning personal tragedy into purposeful action, she transforms research in neuroscience, positive psychology, and human performance to deliver a message that is loaded with simplicity and practical application.

A lifelong knowledge seeker, Deri adds extra value to client experiences with certification in emotional intelligence, psychometric assessment, and neuro-linguistic programming. Deri's client resources, including three books 'Wake Up to Your Habits', 'What's Your Story? You Decide', and 'Not Crazy, Just Human', provide a rich resource of strategies and tools to shift your emotions, adjust your thinking, and positively impact your results!

SASKATCHEWAN ASSOCIATION FOR

SAFE WORKPLACES

IN HEALTH